


FIREHAWK September Menu 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			1 #1 Hamburger #2 Sub sandwich	2 NO SCHOOL!!
5 NO SCHOOL LABOR DAY 	6 #1 Cheese Burger #2 Toasted Italian Pizza French Fries Broccoli Mixed Fruit Apples	7 #1 Fresh Fruit and Bagel #2 Huli Huli Chicken Brown Rice Cooked Carrots Orange Diced Pears	8 #1 Crispy Chicken sandwich #2 Turkey Club Potato Wedges Carrot Sticks Apple Diced Peaches	9 #1 Banana Split Parfait #2 Uncrustable Kit Side Caesar Salad Cherry Tomatoes Mandarin Oranges Banana
12 #1 Chicken Parmesan sandwich #2 Lasagna roll up Green Beans Celery Apple Mixed Fruit	13 #1 Sloppy Joe #2 Southwest Taco Bowl Corn Cherry Tomatoes, Banana and apple sauce.	14 #1 Chicken BLT salad #2 Herb roasted chicken and cheese hashbrowns Sweet potato fries Broccoli Orange Diced Pears	15 #1 Hot Dog #2 Cinnamon Roll and Cheese Omelet Tator Tots Baked Beans Apple Diced Peaches	16 #1 Cheese Pizza #2 Uncrustable kit Cooked Carrots Cauliflower Mandarin Oranges Banana
19 #1 Crispy Chicken Sand #2 Honey Pear Cranberry parfait Cooked Carrots Celery Sticks Apple Mixed Fruit	20 #1 Crispido with Chile #2 Fruit bowl and bagel Tator Tots Cucumber Slices Banana Apple Sauce	21 #1 Pancakes w/sausage #2 Chicken Cordon Blue Cooked Broccoli Deli Roasted Potatoes Orange Diced Peaches	22 #1 Cheeseburger #2 Chicken BLT salad Green Beans Potato Wedges Apple Diced Pears	23 #1 Cheese Pizza #2 Peach Parfait Side Caesar Salad Baby Carrots Banana Mandarin Oranges
26 #1 Bacon Swiss Chicken sand. #2 Turkey cheese sub Sweet Potato Fries Cauliflower Apple Mixed Fruit	27 #1 Cheeseburger #2 Pizza sticks Cooked Carrots Broccoli Banana Apple Sauce	28 #1 Country Fried Steak #2 Pepperoni Pizza Mashed Potatoes Corn Orange Diced Peaches	29 #1 French Toast Stix #2 Crispy chicken sandwich Hashbrown Rounds Cherry Tomatoes Apple Diced Pears	30 #1 Pasta /Alfredo sauce #2 Uncrustable kit Mixed Vegetables Cucumber Slices Banana Mandarin Oranges

Students – Choose from either entrée #1 or #2 – Sides choices come with each entrée.

**Milk, 1% white and chocolate, are available daily.
USDA is an equal opportunity provider and employer**