

November 2022

St Vincent's Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1) NO SCHOOL All Saints Day!	2) #1 Cinnamon Roll & Cheesy Eggs #2 Turkey Bacon Club Deli Roasters Cucumber Slices Fresh Apple Fresh Grapes	3) #1 Cheeseburger #2 Popcorn Chicken Salad Baked Beans Cauliflower Fresh Orange Pineapple Tidbits	4) #1 Cheese Pizza #2 Un crustable Kit Fresh Broccoli Baby Carrots Fresh Banana Applesauce
7) #1 Chicken Nuggets #2 Ham & Cheese Wrap Steamed Corn Celery Sticks Fresh Apple Strawberries	8) #1 Beef Nachos #2 Fiesta Salad Black Beans Red Bell Peppers Fresh Orange Sliced Pears	9) #1 Dutch Waffle&Eggs #2 Southwest Crispy Chicken Wrap Hashbrowns Baby Carrots Fresh Banana Fresh Grapes	10) #1 Turkey + Potatoes #2 Bagel Kidzable Mashed Potatoes Fresh Broccoli Fresh Apple Mixed Fruit	11) #1 Pizza Sticks #2 Banana Blueberry Smoothie Baby Carrots Cauliflower Fresh Orange Mandarin Oranges
14) #1 Mozz Breadsticks #2 Turkey Cheddar Wrap Roasted Carrots Cauliflower Fresh Banana Blueberries	15) #1 Crispito #2 Fruit Bowl Refried Beans Cherry Tomatoes Fresh Apple Sliced Peaches	16) #1 Pancakes & Eggs #2 American Flatbread Deli Roasters Zucchini Fresh Orange Fresh Grapes	17) #1 Chicken Drumstick #2 Chicken BLT Salad Mashed Potatoes Celery Sticks Fresh Banana Pineapple Tidbits	18) #1 Lasagna Roll Up #2 Un crustable Kit Roasted Broccoli Cucumber Slices Fresh Apple Applesauce
21) #1 Hot Dog #2 Pineapple Orange Mango Smoothie Tater Tots Celery Sticks Fresh Orange Strawberries	22) #1 Crispito #2 Chef Salad Roasted Carrots Fresh Broccoli Fresh Banana Sliced Pears	23) NO SCHOOL THANKSGIVING BREAK	24) NO SCHOOL 	25) NO SCHOOL
28) #1 Pepperoni Pizza #2 Blueberry Patch Parfait Caesar Side Salad Baby Carrots Fresh Apple Blueberries	29) #1 Crispito #2 Chef Salad Refried Beans Red Bell Peppers Fresh Orange Sliced Peaches	30) #1 Cinnamon Roll & Cheesy Eggs #2 Turkey Bacon Club Deli Roasters Chilled Peas Fresh Banana Fresh Grapes		