

**Step 1- Extent Local Wellness Policy Complies with USDA Requirements and  
Compares to a Model Policy Tracking Tool**  
(make a copy for your own use)

Component	Description
<p><b>Select the Tool used for model LSWP comparison, upload the assessment in your folder:</b> <b>If another tool was used, list it here.</b></p>	<ul style="list-style-type: none"> <li>• <a href="#"><u>Alliance for a Healthier Generation 10-step Checklist</u></a></li> <li>• <a href="#"><u>The WellSAT 3.0 School Assessment Tool</u></a></li> </ul>
<p><b>Areas of Strength:</b></p>	<p>1. We keep our children active. We have P.E. three times a week, and keep recess in for our PreK - 4 children 2 x every day. 5 - 6 children recess 1 x a day. We get outside when weather permits.</p> <p>2. We feel we have some good SMART goals that we can work towards.</p> <p>3. We have a dedicated group of people on our Wellness committee.</p>
<p><b>Opportunities for Improvement</b></p>	<p>1. We will have our wellness committee meet two times a year.</p> <p>2. Q6 we will revise our policy so it states " No competitive foods or beverages may be sold during the school day"</p> <p>3. Q9 We will revise our wellness policy so it states "School based marketing shall be consistent with Smart Snack nutrition standards"</p>
<p><b>As a result of the comparison, was new language adopted in the LSWP?</b></p>	<p><input type="checkbox"/>xYes</p> <p><input type="checkbox"/>No</p>
<p><b>If yes, briefly describe what was adopted (include page numbers for new language if possible),</b></p>	<p>We will revise the language regarding:</p> <p>1. frequency of the wellness committee meeting for the year,</p> <p>2. No competitive foods or beverages sold during the school day.</p>

Component	Description
<p><b>Have the changes been approved by the school board?</b></p>	<p>3. School based marketing will comply with Smart Snack nutrition standards.</p> <p><input type="checkbox"/>xYes</p> <p><input type="checkbox"/>No</p>
<p><b>Describe the next steps for strengthening your LSWP.</b></p>	<p>WE will implement the strengthening opportunities listed above.</p>

[Return to triennial assessment document](#)



**Discussion/Notes:**

## Step #2: Progress in Reaching LSWP Goals Template

(make a copy for your own use)

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
<p><b>USDA wellness policy goals outline that 3 goals must be included, 1) nutrition goal, 2) physical activity goal, and 3) other student wellness goal, additional goals are <u>optional</u></b></p>			
<p><b>1. Nutrition Education Goal(s)- record goal -OR- Nutrition Promotion Goal(s)- record goal</b></p>	<p>Newly created goals progress is to be focused on for 2024-25</p>	<p>Will be implemented and focused on for the 2024 -25 school year.</p>	
<p><b>2. Physical Activity Goal(s)- record goal</b></p>	<p>Newly created goals progress is to be focused on for 2024-25</p>	<p>Will be implemented and focused on for the 2024 -25 school year.</p>	
<p><b>3. Other student wellness Goal(s )- record goal, this is often where goals to support SEL and Mental health or staff wellness could be included</b></p>	<p>Newly created goals progress is to be focused on for 2024-25</p>	<p>Will be implemented and focused on for the 2024 -25 school year.</p>	
<p><b>Additional Goal(s) Add more rows as needed</b></p>			

### Step #3- Extent of Compliance for All Schools with the LSWP

(Make a copy for your use)

Policy Area** (Write the requirements included in your LSWP in the column below)	Not Met (Number of Schools)	Partial Compliance (Number of Schools)	Full Compliance (Number of Schools)
<b>Nutrition Education/Promotion Goal(s)</b>	One school		
<b>Physical Activity Goal(s)</b>	One school		
<b>Other Student Wellness Goal(s)</b>	One school		
<b>Non-goal related requirements of LWP- outline how you are meeting these elements in your LPW and the levels of compliance**</b>			
<b><u>Federal/State Meal Standards are Met</u></b>			One School
<b>Foods Offered but Not Sold to Students Standards</b>			One School
<b>Food and Beverage Marketing (SMART Snacks regulations- ala carte and vending, food sales during the school day)</b>			One School

*\*\*If any of these requirements are not met, you will need to address how you will meet these requirements moving forward as part of the Triennial Assessment summary and how the summary is made available to the public.*

District LSWP Components	For the components below, indicate whether the district is in compliance.
Public Involvement- how was the public included in LWP development? (parents, community members, etc.)	<input checked="" type="checkbox"/> Yes We have members (parent) as part of our committee. <input type="checkbox"/> No
Public Notification- how are you notifying the public about your assessment results?	<input checked="" type="checkbox"/> Yes Posted on Website when completed. <input type="checkbox"/> No
Triennial Assessment- is this posted publicly? <b><u>St. Vincent de Paul Catholic</u></b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

District LSWP Components	For the components below, indicate whether the district is in compliance.
<b>School   Seward, NE</b> <b>(<a href="http://mystvincentschool.com">mystvincentschool.com</a>)</b>	

***To return to the overview document, click this link***

Questions, contact: [jessie.coffey@nebraska.gov](mailto:jessie.coffey@nebraska.gov)

## Step #4: Sharing Your Triennial Summary Results

### Triennial Assessment Report to the Public (Public Notification is Required)

*The summary should address both 1) any missing requirements from your local wellness policy noted in Step #1 and how you will review your policy to address the missing elements, and 2) a summary of how you met the three goals included in your wellness policy.*

Target Audience(s)	Method	Date
Parents and care givers, community partners	School Newsletter	05/03/2024
Teachers	Faculty meeting	04/16/2024
Parents and caregivers	Back to School meeting	8/27/2024
Provide link to the public website to meet the public notification requirement	website link: <a href="http://St. Vincent de Paul Catholic School   Seward, NE (mystvincentschool.com)"><u>St. Vincent de Paul Catholic School   Seward, NE (mystvincentschool.com)</u></a>	

#### Example Process to Notify the Public

Target Audience(s)	Method	Date
Parents/Caregivers, teachers, community partners	School Newsletter	5/30/2022
District School Board	Presentation during School Board meeting	6/1/2022
Community Partners	Presentation during District Wellness Committee meeting	5/25/2022
Parents/Caregivers	Presentation during Open House event	5/25/2022